Aikido Times



Newsletter of the British Aikido Board

July 2011

Weapons Protocol

he Board have recently approved a new Protocol for the use of weapons in Aikido training and all members should be made aware of its requirements, particularly in relation to the use of "live blades" in training Additionally the requirements of the Protocol will now be incorporated into the BAB Coaching Syllabus.

The great news is that following the change to Endsleigh, as our insurers, the BAB's policy will, for the first time, now include cover for:

- Training with wooden weapons, including those with rounded points.
- Training with live blades, subject to strict adherence with the Weapons Protocol.

A copy of the Weapons Protocol is available on the website: http://www.bab.org.uk/downloads/3C9_Weapons_Protocol.pdf

Dan Grade Certification

ts great to hear that Venue Managers (Local Authorities, Leisure Centres, Charity premises etc) are increasingly requiring those wishing to set up martial art classes to prove their authenticity. Often the Instructor will not only be required to provide evidence that they are affiliated to the National Governing Body, but may also require authentication of their Gradings, from the NGB.

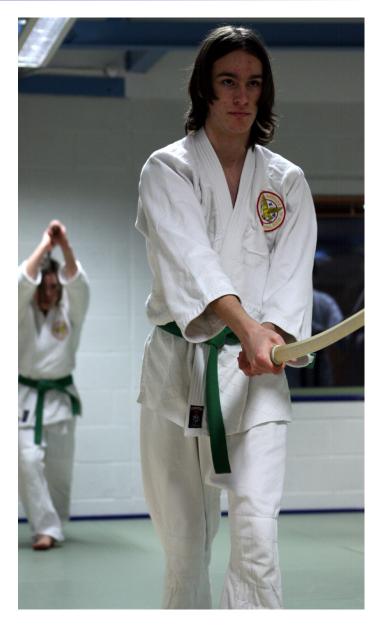
Whilst the award of grades is the responsibility of Member Associations, it was therefore agreed that the British Aikido Board should hold a Register of Dan Grades awarded and issue certificates confirming that the individual holds a dan grade awarded by a recognised Member Association.

If you are interested in obtaining a Certificate, which is in the BAB "house style" you can do this through the BAB Website www.bab.org.uk . Simply click onto your own details on the "Members Display List" and select "request BAB Grade Certificate".

A charge of £10 is made for this service and before any Certificate is issued the grade awarded will be checked with the appropriate Association.

All profits from this initiative will be put into a "Development Fund" which will be used to provide one off financial assistance for the development/promotion of aikido in the UK.

Keith Holland (Vice Chairman, BAB)



If you have a news story, an event, or a view you would like to contribute to the newsletter, please feel free to email it to us at: mediaofficer@bab.org.uk.

Please see the last page of this newsletter for further details on how you can contribute.

Useful links and email addresses:

BAB website: http://www.bab.org.uk/

Facebook: http://www.facebook.com/BritishAikidoBoard

Twitter: http://twitter.com/BritishAikidoBd

Seijitsu Aikido Ryu 2011

Aikido Ryu we decided to hold a course for members and friends that we have made over the years. To make it more memorable we wanted to raise a sum of money to help others. It was agreed that we would split whatever we raised between various charities and Help for Heroes.

We raised a staggering two thousand pounds on the day, thanks to the generosity of our members and friends. The charity we decided to give to was the Lodge that I am a member of, who helps so many needy causes. I felt enormously proud when I handed the cheque over to a high-ranking Lodge officer and to be thanked by so many members of the Lodge that have in the past raised a substantial amount for charity. I was also allowed the privilege of handing the cheque over wearing my Aikido formal dress, quite a privilege in the circle of the Lodge.

Deciding on which of the Help for Heroes funds to give our cheque to was more of a challenge. We found that there were so many funds for the Help for Heroes that it was difficult to choose one.

We then heard the sad news that Sensei Hayden Foster had passed on and one of his requests was that the generous donations given to the collection from family and friends were to be given to the Help for Heroes. What an opportunity to swell the funds!

It gave me the opportunity to visit the Hut for the first time and for Peter Marsh, a founder member of Seijitsu who had visited the Abbe dojo in the early days with Sensei Ralph Reynolds, to revisit after so many years.

A wonderful day for us all, moving, enlightening, and for such a good cause – to HELP others.

Between us we raised two thousand three hundred and eighty pounds.

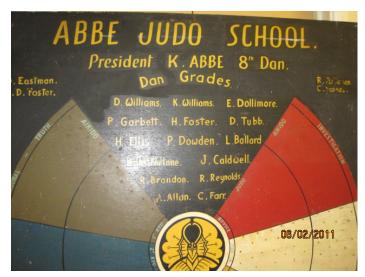
Terence Bayliss



We contacted Mrs Foster and Hayden's Grandson Paul through Frank Burlingham. They were delighted with the idea so we decided to make the presentation in the Hut, the home of the Institute Of Aikido and the birthplace of Aikido in Great Britain.



The cheque presentation at the Hut for Help for Heroes, Mrs Foster, Paul, Frank, Peter and Terry.



The famous Judo/Aikido board.



The Hut







Doshu Yoshigsaki opens the Salisbury Ki Aikido Centre

On the 30th April Doshu Yoshigasaki, founder of the Ki No Kenkyukai Association Internationale, officially opened the Salisbury Ki Aikido Centre The dojo was purpose built by Andrew Ferguson of the British Ki Society. Doshu Yoshigasaki blessed the centre in a traditional 'Ki Barai' ceremony before leading a three day seminar at the centre. As always, Doshu Yoshigasaki

gave an illuminating course, which was attended by students from England, Wales and Scotland. His next course in the UK will be in Scotland in September.

For more information about the British Ki Society and course dates go to www.knk.org.uk or email info@knk.org.uk

BAB Young Persons' National Course, Sunday 15th May 2011

his was the first National Course organised by the BAB specifically for 'teenagers'. The idea was first discussed at the Child Protection Steering Group meeting in 2010 when Ruth Mathers, the BAB Under-18s Representative, suggested that such a course would be really beneficial for, and welcomed by, the younger members.

The task of organising the course was given to Phil Benge of United Traditional Aikido who runs a successful junior 'Clubmark' Club in Weston-super-Mare. He secured his regular dojo venue for the event, set the date, and sent out e-mails inviting your aikidoka to attend.

On the day there were 50+ young people in attendance, and 4 BAB instructors each leading a 50-minute session. The pace was good, allowing the children and young adults adequate time to practice each technique whilst still keeping them engaged. This was particularly important as the event ran for over 4 hours – and we all know how children's attention can wander!

Andy McLean (Kai Shin Kai) opened the course and delivered a really interesting session on breakfalls, building them up from very basic principles to more advanced levels – but most importantly taking away the fear by giving lots of options and making everything achievable.

Helena Benge (UTA) then led a great session on basic technique and tai-sabaki. Her teaching style was great for this event and she got a fantastic reception from the students.

Barbara Moss (Yama Arashi UK) built on Helena's tai-sabaki theme and delivered a variety of techniques utilising body movement.

Brian Stockwell (Tenchi Ryu) delivered a fun session with 'back to back' grappling and instruction on how to apply an effective ikkajo/ikkyo pin. (I remember seeing a young girl pin Andy McLean to the ground and he genuinely could not stand up!)

The course ended with a games session and some fun with a parachute.

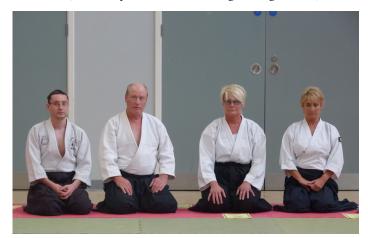
The course was extremely well organised, and from a child welfare perspective was most definitely run in line with the best possible safeguarding principles. Instructors on the day were vetted for compliance with the BAB Safeguarding Policy. All participants under 18 obtained written parental consent, and transport guidance was made available to all groups attending. The success of this event will certainly enable the BAB to produce a more tailored Event Welfare Plan which will be published for the benefit of all Members in due course.

There were some children present who benefited massively from the care and attention freely given by the senior adult grades present on the day. The instructors all ensured that those students who needed a little more support and guidance got the attention they needed in order to be able to make real progress during the day. I am sure confidence levels were boosted, and new friendships forged. I spoke with a number of students on the day who were all extremely positive about the course – and they

all said they were looking forward to the next event.

The BAB (and Phil in particular) can be very proud of this event. Quite often it seems that people can shy away from running events for children – or even transporting children to take part! But based on this course there is no reason why this should not be the first of many successful Junior events.

Sue Ward (Tenchi Ryu / BAB Lead Safeguarding Officer)









Events calendar

2011

28 July to 31 July

Shudokan Institute of Aikido Summer School, Nottingham

30 July 2011 to 5 August

Birankai Europe Aikido Summer School 2011 http://www.bab.org.uk/courses/sub_course.asp?ID=%20217

30 July to 6 August

International Aikido event and Katana competition http://www.bab.org.uk/courses/sub_course.asp?ID=%20201

11 to 14 August

9th International Aikido Tournament & Festival http://www.aikido-baa.org.uk/Tournament

12 August 2011 to 14 August

Kobayashi Dojos - Annual Open Course http://www.bab.org.uk/courses/sub_course.asp?ID=%20248

12 August 2011 to 16 August

4 Seasons Woodland Aikido - Summer School http://www.bab.org.uk/courses/sub_course.asp?ID=%20236

3 September to 4 September

Kai Shin Kai Traditional Aikido - Aylesbury - Open http://www.bab.org.uk/courses/sub_course.asp?ID=%20197

3 September to 4 September

Meikyokai Aikido Club Weekend Gasshuku http://www.bab.org.uk/courses/sub_course.asp?ID=%20246

10 September

Altrincham Aikido Course/Celebration for Mr Spence http://www.bab.org.uk/courses/sub_course.asp?ID=%20213

17 September

International Aiki Peace Week Opener http://www.bab.org.uk/courses/sub_course.asp?ID=%20239

23 September to 25 September

Uchi Deshi

http://www.bab.org.uk/courses/sub_course.asp?ID=%20234

24 September to 25 September

South of the River Aikido Seminar 2011 http://www.bab.org.uk/courses/sub_course.asp?ID=%20249

1 October to 2 October

Yoshinkan Gasshuku with Sensei Robert Mustard 7th http://www.bab.org.uk/courses/sub_course.asp?ID=%20221

8 October to 9 October

Yoshinkan Gasshuku with Sensei Robert Mustard 7th http://www.bab.org.uk/courses/sub_course.asp?ID=%20222

8 October to 9 October

BAB National Course Saturday 8th October 2011 http://www.bab.org.uk/courses/sub_course.asp?ID=%20251

If you wish to contribute...

Any text for newsletter articles should to be sent in one of the following formats: Word, .doc, .rtf, or plain text.

Any images need to be sent as either a JPEG file at as high a resolution as possible or as a high resolution PDF. But please bear in mind that most email system have a limit of 10mb file size.

Please send your newsletter text and images to: mediaofficer@bab.org.uk

Celebration - Free Aikido Course Spence Sensei - 40 years as a Dan Grade



The Lancashire Aikikai will in September be celebrating our Head of Association, Bob Spence, holding a dan grade for 40 years.

Bob Spence was graded in August 1971 by Chiba Sensei and will be known to many through his work since 1991 as a BAB Coach Tutor as he has

tutored many coaching courses. Mr Spence started Aikido with the Chorley Budo Club in 1968 under Marian Mucha. The Club at that time was part of the Aikikai of Great Britain and from there as the Chorley Budo Club the Lancashire Aikikai grew. Mr Spence succeeded Mr Mucha, who passed away in 1998, to become the second Principal and Head of the Lancashire Aikikai. He has been taught on courses and influenced by many teachers including Tada, Sekiya, Kitaura, Kenshiro Abbe, Nakazona, Tamuru and Chiba Sensei.

His background in martial arts started before 1968 some five years earlier with Karate and he has also studied Judo and Kung-Fu (White Cloud).

The Lancashire Aikikai is holding a course on the afternoon of Saturday 10th September 2011. It will be free to all comers to enable those that know Mr Spence can join him to celebrate on the day. For full details including registering interest in the evening meal see: http://www.lancashireaikikai.org/calendar/altrincham.html

Andrew Baird, Secretary, Lancashire Aikikai

